



Fall 2025

Friends of Lake Quannapowitt

"Preserving and enhancing the waters of Lake Quannapowitt and its surrounding lands"

Letter from our President

Dear Members & Friends,

I am pleased to communicate with you for the first time as the president of FOLQ. I was elected at our annual meeting in May 2025. The executive team elected includes Brie Reynolds, VP, Margaret Coppe, Secretary and Bill Conley, Treasurer.



Bill Boodry

I am proud to be serving with a dedicated volunteer board of directors and associate directors who are *committed to promoting public awareness and providing long-term protection and enhancement of Lake Quannapowitt and its surrounding public lands.*

This newsletter is a twice-yearly publication to stay in touch with you, our members, and other folks in our community to provide various updates on Lake Quannapowitt topics. We welcome your comments on this newsletter as well as feedback on any of our FOLQ efforts.

In the past year, FOLQ has increased awareness via social media ([Instagram](#), [Facebook](#)), on [our website](#) and by attending various events in Wakefield. In June, we participated in the Festival by the Lake and held our biennial Bricks Dedication ceremony. In September, we participated in the Farmers Market, Town Day, and we sponsored our fall Galvin Middle School Lake cleanup (over 75 5th and 6th grade students contributed). In November, we will host our [annual breakfast](#).

We also have a new outreach feature to dynamically communicate with you via a special edition FOLQ news email. If we do not have an email address for you, please send it to us.

For your information, the names of your FOLQ Board of Directors is listed on the right.

We hope to see you at our breakfast on November 16 at the Crystal Community Club and as always, please renew your membership!

Sincerely,
Bill Boodry, President



Annual Breakfast - Nov. 16

The Friends of Lake Quannapowitt invite you to join us for our annual breakfast.



Sunday, November 16, 2025, 8:00am - 11:00am, Crystal Community Club.

Price:

\$25 for adults and children 12 and over.

\$10 for children under 12.



Proceeds support Friends of Lake Quannapowitt, a nonprofit, 100% volunteer organization.

Support FOLQ, enjoy a delicious breakfast, learn about how FOLQ protects and enhances Lake Quannapowitt and how you can get involved, see old friends and make new ones!

We're proud to honor **Peter Scott** with the **2025 Gertrude Spaulding Award** at our Annual Breakfast on **November 16, 2025**. A lifelong advocate for community preservation and improvement, Peter's work with the **Wakefield Center Neighborhood Association** and his guidance in The Basin development have helped make Wakefield's public spaces more vibrant, accessible, and enduring for all.

We'll have a kids activity table with arts and crafts, and live entertainment by renowned local musician [Audie Bridges](#). Photography provided by Tom Maguire.



Come and go as you please anytime between 8:00am and 11:00am. Purchase tickets at www.folq.org/event/annual-breakfast or capture the QR code at the top of this box.

Board of Directors

Bill Boodry	Tom Stapleton
Brie Reynolds	Tim Welch
Margaret Coppe	John Sofia
Bill Conley	Rob Wettach
Carol Dennison	Doug Mildram
Leeila Given	Rich Walter
Karen Faler	

Membership Dues are Due!

Help FOLQ by **becoming a member in 2025**. Dues annually are **\$25** and **\$35** for single or family memberships respectively. A commercial membership is **\$150**. Here's how to pay:

Capture the QR code to the right on your smartphone and complete your membership and payment information, or visit our website at <https://folq.org/join>.



FOLQ Volunteer Spotlight: Kris Ingersoll, Goose Counter

Wakefield resident Kris Ingersoll is FOLQ's new goose counter, following the dedicated volunteerism of long-time counter and Board Member Bill Butler. Kris recently moved back to Wakefield after time away and wanted to volunteer in town when he saw our need for a goose counter. Kris says, "I thought FOLQ would be a good organization to work for and I am really enjoying it." He also volunteers with the Wakefield Food Pantry. Kris and his wife Kelly have a 6-year-old daughter, Kennedy, who attends Woodville Elementary and often accompanies her dad to count geese at the lake.

As goose counter, Kris visits the lake twice per week between April and November, counting geese on land and on the water. He uses a combination of A.I. technology and good old-fashioned manual counting with binoculars to develop the numbers he reports to FOLQ and Wakefield's Department of Public Works. "I compare both sets of numbers to provide the best possible data," says Kris. The numbers he provides help the DPW evaluate the effectiveness of the Goose Control Program in and around the lake. A single goose generates up to 3 pounds of waste every day, which introduces bacteria and harmful nutrients into the water that can lead to algae blooms and other environmental and health risks. [Learn more about FOLQ's goose control program on our website.](#) Our sincere thanks to Kris for his dedication to this important work!



Wakefield resident Kris Ingersoll is FOLQ's new goose counter. He uses a combination of A.I. technology and old-fashioned methods to count geese at Lake Quannapowitt.

2025 Gertrude Spaulding Award

The FOLQ Board of Directors is pleased to announce that the 2025 winner of the Gertrude Spaulding Award is Peter Scott. Peter will be recognized at our Annual Breakfast on November 16 at the Crystal Community Club.

Peter is a long-time active member of the Wakefield Center Neighborhood Association (WCNA), serving as the president in the late 1980s. Peter and WCNA have long been involved in the beautification and improvements of the Upper and Lower Common. Improvements include:

- Light Poles on the Upper Common
- Design of the first lakeside Spaulding Playground
- Benches on the Upper Common
- Restoration of the Band Stand
- Design of Common holiday lighting
- Pipe railing replacement on Upper Common
- Design and installation of the new lakeside entrance to the Spaulding Street Playground

Of great importance, Peter (with colleague Brian Thompson) was instrumental in advising FOLQ during The Basin development process that resulted in an agreement between CC&F and FOLQ that provided preservation of land, environmental protections and drainage funding.

Peter has been involved in various leadership roles in community organizations and committees including: the Hartshorne House, School Building Needs Survey, the Wakefield Historical Commission, Beebe Library Board of Trustees and the Building Committee for the renovations of The Center for Performing Arts.



Peter Scott

Fish Line Recycling

Earlier this summer, FOLQ's Fishing Line Recycling Program went into effect. Now, at six locations around Lake Quannapowitt, specialized recycling canisters are available to collect used fishing line (a.k.a. monofilament), hooks, lures, and bobbers. FOLQ volunteers monitor and empty the canisters regularly and we are happy to report that they are being used as intended! This image shows you how much fishing line we've collected in just this first season. The fishing line will be sorted and sent for recycling at the Berkley Conservation Institute in Iowa. By collecting and recycling fishing line, our community is helping to make the lake safer for all wildlife and visitors. Learn more about this initiative, including canister locations, at www.folq.org/fishing-line-recycling/



Discarded fishing line and bobbers collected by FOLQ volunteers from the new recycling canisters installed by the lake.

Trail Improvements Completed at Beacon St. & Lakeside Ave.

The Town of Wakefield recently completed upgrades of the trail and shoreline improvements along the gravel path connecting Beacon Street and Lakeside Avenue. These enhancements improved walkability, addressed erosion concerns, and helped protect the natural beauty of Lake Quannapowitt's edge.

What's New:

- **Safer, Smoother Pathway:** Select areas of the recreational trail were regraded and amended to eliminate tripping hazards, all within the original footprint. To preserve surrounding vegetation, all work was completed by hand—no machinery was used on the path.
- **Erosion & Stormwater Fixes:** Gravel surfaces at the end of Beacon Street were regraded to improve drainage. Decorative bollards now prevent unauthorized vehicle access to the lake's edge, helping protect the shoreline.
- **Lakeside Avenue Upgrades:** The end of Lakeside Avenue was repaved and regraded, with a reduction in impervious surface to support enhanced stormwater infiltration.



Decorative bollards will prevent unauthorized vehicle access to the lake's edge and protect the shoreline.



New plantings at the end of Beacon Street where it meets Lakeside Avenue will enhance the natural beauty of the shoreline of Lake Quannapowitt for all to enjoy.

This project reflects a thoughtful balance between accessibility and ecological care. By focusing improvements only on the most degraded areas, the Town preserved the trail's natural character while enhancing safety and sustainability. The work also supports long-term water quality goals for Lake Quannapowitt, aligning with FOLQ and community priorities for environmental stewardship. Whether you're walking, running, or simply enjoying the view, we invite you to explore the refreshed trail and experience the improvements firsthand.

Images and text on this page are provided courtesy of the Town of Wakefield Department of Public Works.

Bricks for the Holidays



Bricks for the Holidays

*A custom-engraved brick, ordered from the **Bricks by the Lake** program is a unique and everlasting gift.*

To obtain application forms: Print from our website at www.folq.org. Or capture the QR code on this page.

Prices:

4x8 bricks available for a donation of \$150 (up to 3 lines)

8x8 bricks available for a donation of \$250 (5 lines)



Bricks by the Lake

is a community project established in 2006 to help fund the restoration of Colonel Connelly Park at the Head of Lake Quannapowitt. In the spring of 2008, the first group of custom-engraved bricks were embedded in the newly constructed flagpole plaza at Colonel Connelly Park. All funds generated by donated bricks are dedicated toward improving parklands around the lake.

Your purchase of an engraved brick will be a permanent memorial to your connection with Wakefield and Lake Quannapowitt. Beyond its meaning to you, your donated brick is a gift to our town, to our lake and to future generations.



Order Deadlines

Holiday Orders:

Orders must be received by December 1, 2025 to receive a certificate suitable for gift wrapping. Certificates will be mailed no later than December 15, 2025.

2026 Installation:

To guarantee placement of your brick in the spring of 2026 installation, orders must be received by March 1, 2026.



Bricks by the Lake is a Wakefield Heritage project authorized by the Wakefield Town Council with proceeds used to fund enhancements to parklands surrounding Lake Quannapowitt. The program is administered by the Friends of Lake Quannapowitt.