



Spring 2024

Friends of Lake Quannapowitt

"Preserving and enhancing the waters of Lake Quannapowitt and its surrounding lands"

Letter from our President

As we exit from the cold and rainy winter season, we all look forward to enjoying the Lake this spring and summer. I



Margaret Coppe

would like to take this opportunity to thank the board members of FOLQ for all the remarkable work being done. Board members continue to plan additional landscaping near the Lake, help chaperone the Galvin watershed field trips and the semiannual Lake clean ups, and work the FOLQ table at Festival by the Lake. We welcome member help at all these projects. Go to our website for more information.

We are very excited to learn about a program to clean the Lake of fishing line, hooks, and bobbers. Jim Joyce, president of the Friends of Horn Pond in Woburn which has successfully implemented this program, will be the guest speaker at our Annual Dinner meeting on May 25. This is another opportunity for those who love Lake Quannapowitt to help keep it clean and safe not only for people but also for the amazing wildlife.

Best wishes for a safe and happy summer.

Annual Meeting, May 29

Please join us at our **Annual Meeting and Presentation at Bear Hill Golf Club in Stoneham on Wednesday, May 29**. A dinner and a business meeting will be followed by an educational presentation and discussion.

The presentation will be by members from the **Friends of Horn Pond** who will explain their work in limiting wildlife injuries and death from left behind shoreline fishing line, lures and hooks. In addition, **local photographer Carin MacNamara** will add her photography and naturalist experiences to the presentation.

Meeting Agenda:

5:30 - Cash Bar/Social Hour

6:15 - Buffet Dinner, \$35 pp

7:00 - Business Meeting

7:15 - Presentation by Friends of Horn Pond

There is no charge if you are only attending the speaker presentation at 7:15.



Please make dinner reservations at <https://givebutter.com/folqdinner2024>, or by capturing the QR code on the right with your smartphone.



Learn what Horn Pond has done to reduce this problem

By attending you will help us achieve our goal to inform and educate the community.

FOLQ Membership Dues are Due!

Help FOLQ by becoming a member in 2024. A membership dues request for 2024 is being posted in this newsletter. Dues annually are **\$25 and \$35** for single or family memberships respectively. A commercial membership is **\$150**. Here's how to pay:



1. **Capture the QR code** to the right on your smartphone and complete your membership and payment information.
2. Visit our website at <https://folq.org/join>.

If you prefer to use US Mail, send payment and membership information to: FOLQ, P.O. Box 51, Wakefield, MA 01880.

Your membership and the support it provides allows us to continue efforts to preserve, protect and enhance the lake and its surrounding areas.

Town to Conduct Nutrient-Loading Study at Lake Q

At the FOLQ Annual Meeting in May 2023, SOLitude Lake Management presented their business experience, working with communities to improve water quality. SOLitude provided specific examples and options for water quality improvements. We are pleased to advise that the Town of Wakefield Public Works Department has contracted with SOLitude Lake Management and Aquatic Restoration Consulting to conduct a **summer long nutrient-loading study at Lake Quannapowitt.**

The study will involve collecting new water and sediment quality data as well as reviewing existing data collected by the Town and the Friends of Lake Quannapowitt. The goal of the study is to define the annual nutrient loading to the Lake from both watershed and internal sources, create a nutrient model of the lake and make recommendations on nutrient remediation strategies. These strategies can then be reviewed and implemented to **reduce the severity and frequency of potentially harmful cyanobacteria (blue-green algae) blooms** at Lake Quannapowitt and improve the lake's overall water quality.

Ongoing Lake Clean-up Efforts



On April 22, 2024, employee volunteers from **environmental engineering and design firm, Weston and Sampson (Reading, MA)**, stop for a picture during a spring lake cleanup held on Earth Day. A separate lake cleanup event was held with **students from the Galvin Middle School** on April 27.

Volunteers for Field Trip Needed

Want to spend a few hours learning about nature with Galvin fifth graders? You'll be supporting an important curriculum program, initiated in 1995 with an award-winning grant developed by FOLQ and the Galvin School science department. The classroom learning culminates in a trip to wetlands along the Saugus River in Breakheart Reservation. Volunteer chaperones (who do not need to know any science) enhance the field trips by adding responsible adults to the small groups of students. Volunteers agree to attend one of 12 sessions (8:20-10:50 am or 11:20-1:50 pm during 6 school days - Tues. May 28, 29, 30, 31 June 3, 4. Rain Dates June 6 & 7. **To volunteer: Contact us by May 20: email us at mail@folq.org or leave a voicemail at [781-486-3795](tel:781-486-3795).**



Construction on the Lake

Building foundations are progressing at the Cabot, Cabot and Forbes development site on Quannapowitt Parkway with the building framing due to begin in June. First units are



Above and below left: Current state of construction at 200 Quannapowitt Parkway

expected to be available for rent in June of 2025. And the contractor contribution of \$1.3 million to the Town of Wakefield for improvements to lake water quality, is expected to be funded in the coming months.

